

THE EAST SHEEN-CHENGANNUR TRUST

Registered Charity No 293567

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HUNGRY FUND

Our `Hungry` fund provides regular food help for some of the poorest elderly in Chengannur. . . . This latest photo shows some of the recipients with their rice and corn packages. Where individuals or families have no or very little income this sort of aid makes a huge difference to them.



MARATHON MAN

Richard Breese, one of the Trustees, recently entered at short notice a marathon with a view to raise some sponsorship money for the Trust. The Marathon was in Richard's home town of Stratford upon Avon, which is surrounded by some lovely countryside.

Unfortunately the weather on the day was quite severe. Rain had been falling for some time before the start and there was a strong wind. As a consequence the full marathon had had to be cancelled due to course flooding and it was only possible to run a half marathon. Heavy rain continued throughout the run and the wind carried

quite a chill factor. Richard's plastic rain top stayed on as did that of most other runners. Those that didn't possess one seemed to have acquired black bin liners to pull over their tops. The final third of the run was a particular test weather wise. The course ran partly along a disused railway track called the Greenway, which was largely flooded, very muddy and quite exposed. The rain was hard enough to sting the legs and face and a couple of times the head wind made any forward movement very difficult!. Richard was not expecting to run quickly, just to endure. So under the conditions he was happy enough with a time of around 2 hours 10 minutes.

Richard and the Trust pass on their thanks to those who sent their good luck messages and especially to those who sponsored or donated. As a reminder, donation/sponsorship can be made to The East Sheen-Chengannur Trust, Lloyds TSB, Orpington, sort code 77-91-48. Account number 61385660. If you're a UK tax payer a Gift Aid form can be completed which allows donation to be grossed up by 25p in the pound. A few people said that they would like to donate through the Just Giving website. The Trust has now set up a Just Giving account. Simply go to www.justgiving.com and type in `East Sheen` in the `Donate to a Charity` field. Thanks to anyone who has donated anonymously.

CAKE BAKE SALE

Four eleven year-old girls, all year six pupils at Sheen Mount Primary School, came up with a plan to raise money for the Trust. With the minimum of help from adults they each baked cakes or biscuits, then together set up a stall and sold their wares on a sunny Sunday morning in March. They raised £67.70. Thank you girls!



Yasmin, Kate, Hannah and Helene. (Left to right.)

HELP TO NURSERY SCHOOLS

Jacob is getting more frequent requests for help from local Government supported nursery schools. In these schools the Government pays the teachers but nothing else. The pupil numbers are usually very small and as the better off children try for private schools these supported nurseries are left with the poorest which further reduces their income.

We have recently helped two such schools with some equipment and items for the children who are really happy to receive new bags, chairs, umbrellas etc. We received the following letter from one of the schools:

'Let me introduce myself as Maniamma who runs a Kindergarten in Pandanadu Panchayat I have 20 students (13 male and 7 Female) in my little class with a helper. A few mothers and adolescent children are also members here. We have a tarred road running in front of our school which goes to a popular church in Parumala. We have the Pamba river running at the back of our school. I had approached Jacob and through you we received very gratefully 20 plastic chairs for children, 20 steel plates and spoons for them to have their afternoon free meals and also 2 mats to have a nap in the afternoon. These are all very useful to the children. The children were very thrilled with these wonderful gifts'.



Excitement and joy shows on some of the faces in this picture Jacob took at the another school at Edanadu when we gave them all school bags, plastic food carriers and water bottles and a brightly coloured umbrella each.

The 11 children (that's all the school has) were very thrilled. They had a small function at the school when the local Red Cross Chairman Mr. Radhakrishnan presented the items to them. He had words of praise for the Trust and Jacobs work.

TRAVELLING TO INDIA OR ELSEWHERE?

North South Travel is owned by the NST

Development Trust (registered charity 1040656) and all profits are donated to development projects in Africa, Asia and Latin America. They have helped our Trust in the past on some of our projects. If you are thinking of travelling why not contact them for advice or a quote. Any flights are ATOL protected (ATOL no. 5401) Please note that any fare quotes are not guaranteed until tickets are issued.

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LATE ADDITION: STAMPS

We've just received 8 boxes of postage stamps from Sylvia and Ken Cook in Poole Dorset. Thanks so much to everyone in the area who collected / donated them and to Meave Ball who delivered them ! We can use any stamps at all so please save them for us.